

“Reminding you of what’s most important”

Flexible Self-Care Reminders & Tracking Tools

HealthTraxAssist is a virtual health assistant, providing reminders and tracking reports for various means of improving personal health, including prevention, chronic condition maintenance, medication compliance, and healthy lifestyles. Users are guided through tracking templates based on their conditions and goals, and receive reminders to encourage compliance. Reminders can be delivered via email, text message, IVR or live phone call, depending on the user’s preference. Based on responses, the user’s compliance is tracked against goals. Reminders can be completely self-entered, provided by a sponsoring entity, or based on events or patterns of care.



“No one knows more about your health than you do”

Imagine a world where fluctuations in a congestive heart failure patient’s weight triggers an alert to their care manager ...

Imagine a world where gaps in routine care are analyzed and delivered to the patient ...

Imagine a world where complicated medication regimens are followed with ease ...

Imagine a world where all of this happens because the patient is engaged on a daily basis ...

Imagine your world with HealthTrax

No proprietary devices, No monitoring equipment

HealthTraxAssist can be used as a direct-entry web-based tool for individuals, or it can be populated through integration with an Electronic Medical Record, Personal Health Record, Health Information Exchange, Claims-based Health Plan data, or any other means of electronic data transfer.

HealthTraxAssist components can also be utilized to deliver post-care follow up, gaps in care alerts, or outreach efforts. The software has been designed to work with existing technologies that are familiar to patients to help remove patient adoption barriers, or can be configured to receive data from enabled monitoring devices.

By engaging and empowering the patient to better monitor his or her own health status, clients can experience improvements in health outcomes while reducing both administrative and clinical care costs.

HealthTraxAssist also extends the reach of clinicians and care managers without requiring expensive, proprietary, or additional monitoring devices.

HealthTraxAssist is available on an individual consumer basis, or on a commercial basis, with variable pricing models. The HealthTrax system is scalable and configurable to meet the needs of any size population.

